

PUFFIN News



Breathe Easy York
www.breatheeasyYork.co.uk

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breatheeasy
BRITISH LUNG FOUNDATION SUPPORT NETWORK
Charity Number 326730

Dear Members,

Welcome to this month's newsletter, I hope you're all enjoying the sun we've been having lately, long may it continue.

This month we have had a few things happening and plans have been made for another trip out so keep reading!



We had a trip out to Langdale

garden centre on the 28th April and I'm told those who attended had a really nice time. Everyone enjoyed the meal they had too. We had a stall at Copmanthorpe Street Fair on May Day Monday and raised a grand total of 106.10p!! The weather stayed fairly fine and was nice when the sun was shining on you. We managed to sell out of tickets for our tombola and all 52 prizes which included soft toys were won. A BIG thank you goes to everyone who was involved on the day!

We've had a suggestion from Andrew to try Tritons fish and chips on tadcaster road, so we are planning a trip out for a fish and chip lunch, they also do various other meals and have a very impressive desert cabinet too! A date for this trip has yet to be arranged.



Forthcoming events to put in your diary's :
Hob Moor, Sat 29th May 2pm-4pm
West Bank, Sun 27th June 1.30pm-4pm
Rowntrees Park, Sun 11th July 2pm-5pm
Hull Road, Sat 7th August 12-2.30pm
Sat 14th August, Acomb Green (time to follow)

We have found a Very good way of fundraising is to have a Tombola so we are appealing for any prizes suitable for these events, please see a committee member for details.

Hospital Stall Dates:
Thurs 20th May
Wed 29th July
Wed 15th Sept
Thurs 28th Oct
Wed 22nd Dec

GET WELL WISHES



Get well wishes go to Irenie Who has been feeling poorly and to Dave Hardy who has been feeling under the weather, We all hope your feeling better soon.

HAPPY BIRTHDAY!



Birthday wishes this month go to Howard on the 11th May and Bob Peters on the 26th May!

Derek asked me if I could do a codeword puzzle for our newsletter as these are his favourite so here it is!
Enjoy.



Each letter in this puzzle is represented by a number 1-26.
Can you crack the code and solve the crossword? Every letter of the alphabet is used at least once. Three letters are already in place to get you started.

9	8	16	12	9	11		16	19	9	16	12	
8		17		15		22		9		12		6
22	21	22	2	10	6	21		5	21	16	7	26
23		21		23		12		21		18		9
1	23	17	9	11		25	20	9	10	9	15	10
		24				1		6				7
16	24	9	8	7	1		6	10	2	10	7	3
11				2		6				4		
7	16	21	6	10	2	7		11	23	23	8	1
23		25		16		23		16		13		23
14	16	25	2	17		4	16	20	11	23	7	26
9		9		9		11		14		11		9
	13	20	2	11	11		14	16	8	17	16	11

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

If you have a quiz you'd like to see in the newsletter then please see Andrew